

Ayrshire Diabetes Patient Conference - More than Medicine

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Background

The Diabetes Action Plan 2010 and the Diabetes Improvement Plan 2014 tasked Health Boards and their Diabetes Managed Clinical Networks (MCNs) with the following person centred aim; to ensure people with diabetes are enabled and empowered to safely and effectively self manage their condition by accessing consistent, high quality education and by creating mutually agreed individualised care plans. NHS Ayrshire & Arran provides a diabetes patient conference annually which embraces this aim, supports the integration agenda and is part of the infrastructure of education for diabetes locally.



Diabetes Managed Clinical Network
Ayrshire Diabetes Patient Conference 2018

Saturday 28 April 2018
The Education Centre,
University Hospital Ayr
10am – 2pm

Come along to:

- learn more about diabetes;
- speak to professionals;
- meet other people living with diabetes; and
- gain a greater understanding of the services and support available.

The conference costs £5, which includes lunch and refreshments.

Ayrshire Diabetes Patient Conference 2018

Name

Address

Post code

Telephone number

Email address

Do you have any special requirements, for example - wheelchair access?

Return information: Please send your completed slip and cheque or postal order for £5 per person made payable to 'NHS Ayrshire & Arran' to the Diabetes MCN Room 733, Ayrshire Central Hospital, Kilwinning Road, Irvine, KA12 8SS. Please note cheques will not be cashed until after 1 April 2018. Booking will close on Friday 20 April 2018.

Aims

To provide an opportunity for people with diabetes and their family/carers to meet and share experiences while accessing up to date evidence based diabetes information provided by NHS Ayrshire & Arran Diabetes Services. Along with information on services that provide aspects of care that meet the more than medicine agenda i.e. leisure services, libraries, Police, Voluntary Action South Ayrshire, The Council of Voluntary Organisations and care and repair services etc.

What do we do?

Each year the Diabetes MCN Education Group reviews the feedback from the previous year's conference and along with our patient representatives agree a programme and format for the event which meets the requests of the delegates. The programme is then widely distributed via the MCN, press releases and social media. To make the conference fully accessible it is held on a Saturday in fully wheelchair accessible premises and is supported by the local Patient and Public Involvement team who have and continue to support by providing British Sign Language interpreters and catering is provided by local NHS Facilities Management which supports all dietary requirements.

Diabetes Managed Clinical Network		NHS
Ayrshire Diabetes Patient Conference		Ayrshire & Arran
Saturday 28 th April 2018		
Education Centre, Ayr Hospital from 9.30am – 2.00pm		
Conference Programme		
09:30 – 10:00	Registration & Stands	
10:00 – 10:10	Welcome & Housekeeping	
10:10 – 11:00	Diabetes	
11:00 – 11:20	Leisure Services & Activity	
11:20 – 11:55	Diabetes and the 9 Processes of Care	
11:55 -12:40	Lunch	
12:40 – 1:15	Carbohydrate Awareness	
1:15 – 1:50	Diabetes & Foot Care	
1:50 – 2:00	Close & Evaluation	

Results/Outcomes

The conference attracts approximately 80 patients/carers per annum, and is supported by 10-12 different services, through the provision of interactive sessions, information stands and 1:1 support. There are a number of people with diabetes who can be called upon to support the conference as helpers on the day, this promotes an informal atmosphere and stimulates conversation.

Feedback from delegates at 2018 conference:

"A very varied programme delivered by people who are clearly knowledgeable and enthusiastic about their job"

"Informative, constructive, planned well"

"Information especially foot care. I never considered sunscreen on feet"

"Not enough latest information on Type 1"

"Good presentations of causes of Type 2 and importance of regular check ups"



References

Diabetes Action Plan 2010
Diabetes Improvement Plan 2014
SIGN 116

